

The angiosuppressive effects of 20(R)- ginsenoside Rg₃

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ABSTRACT

Aberrant angiogenesis is an essential step for the progression of solid tumors. Thus antiangiogenic therapy is one of the most promising approaches to control tumor growth. In this study, we examined the ability of 20(R)-ginsenoside Rg₃ (Rg₃), one of the active compounds present in ginseng root, to interfere with the various steps of angiogenesis. Rg₃ was found to inhibit the proliferation of human umbilical vein endothelial cells (HUVEC) with an IC₅₀ of 10 nM in Trypan blue exclusion assay. Rg_3 (1–10³ nM) also dose dependently suppressed the capillary tube formation of HUVEC on the Matrigel in the presence or absence of 20 ng/ml vascular endothelial growth factor (VEGF). The VEGF-induced chemoinvasion of HUVEC and ex vivo microvascular sprouting in rat aortic ring assay were both significantly attenuated by Rg₃. In addition, Rg₃ (150 and 600 nM) remarkably abolished the basic fibroblast growth factor (bFGF)-induced angiogenesis in an in vivo Matrigel plug assay. The Matrix metalloproteinases (MMPs), such as MMP-2 and MMP-9, which play an important role in the degradation of basement membrane in angiogenesis and tumor metastasis present in the culture supernatant of Rg3-treated aortic ring culture were found to decrease in their gelatinolytic activities. Taken together, these data underpin the anti-tumor property of Rg₃ through its angiosuppressive activity.

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1. Introduction

Ginseng, referring to the root of *Panax ginseng* and its related species, has been used as folk medicine in the treatment of various diseases for thousands of years in China. The effects of ginseng include general 'tonic', anti-fatigue, anti-stress, immunomodulatory, and anti-cancers [1,2]. Ginsenosides, the major active components of ginseng, are a diverse group of steroidal saponins with multiple pharmacological activities.

Among the ginsenosides, Rg₃ (Fig. 1) has been reported to exhibit in vitro and in vivo anti-carcinogenic and antimetastatic effects. These include the inhibition of growth of LNCaP prostate carcinoma cells, metastasis of B16-BL6 melanoma, and colon 26-M3.1 carcinoma, invasion of human lung carcinoma (OC10) and pancreatic adenocarcinoma (PSN-1) cells [3–7]. In 2000, Rg₃ appeared in the market as a new anticancer drug called "Shen-Yi Capsule" in China. Its pharmacological mechanisms are prevention of invasion, and metastasis of tumor cells [6].

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Fig. 1 - The chemical structure of ginsenoside-Rg₃.

Angiogenesis is a multistep process which includes degradation of the extracellular matrix (ECM) by matrix metalloproteinases (MMPs), endothelial cell proliferation, migration, and capillary tube formation. The whole process is tightly regulated by the balance between counteracting angiogenic stimulators and inhibitors [8–10]. Apart from the high activity required for placentation, embryogenesis, wound healing, and endometrical repair after menstruation, angiogenesis is a prominent pathological feature of many diseases such as rheumatoid arthritis and psoriasis [11–13]. Moreover, angiogenesis is an obligatory event for the survival, growth, and metastasis of tumors beyond the size limit (1–2 mm diameter) imposed by adequate supply of nutrients, and oxygen [14].

In the early 1970s, Folkman and co-workers hypothesized that tumor growth is angiogenesis-dependent and an antiangiogenic strategy might constitute a new therapeutic approach for the treatment of solid tumors [14,15]. Nowadays, much effort has been directed toward discovering of new antiangiogenic agent. A variety of these agents such as Avastin (bevacizumab), thalidomide, TNP-470, endostatin, and angiostatin have been currently undergoing clinical evaluation for their efficacy in anti-angiogenic therapy [16–18]. Moreover, Macugen (pegaptanib sodium), a VEGF165-blocker, is the first anti-angiogenic drug approved by FDA in 2005 [19].

The present study aims to evaluate the anti-angiogenic effect of ginsenoside-Rg₃. We have previously demonstrated the counteracting effects of different types of ginsenosides on angiogenesis [20]. Together with the anti-carcinogenic effect of Rg_3 , it would be a challenge that Rg_3 may be a much more powerful drug for the treatment of cancers by "shuttingdown" the nutrient supply and blocking the metastatic channel rather than directly targeting on the tumor cells. We have investigated the angiosuppressive properties of Rg₃ using various biological assays including the in vitro human umbilical vein endothelial cells (HUVEC) proliferation assay, tube formation of EC in three-dimensional Matrigel, vascular endothelial growth factor (VEGF)-mediated chemoinvasion, microvascular sprouting assay ex vivo, and in vivo basic fibroblast growth factor (bFGF)-mediated Matrigel plug model. The gelatinolytic activity of MMPs was also examined by the zymography. We demonstrated that Rg₃ could significantly inhibit angiogenesis in our in vitro and in vivo assay systems.

2. Materials and methods

2.1. Materials

Human umbilical vein endothelial cells (HUVEC) were purchased from Clonetics (TCS Biologicals, UK). Phosphate buffered saline (PBS), fetal calf serum (FCS), trypsin-EDTA, and serum-free endothelial growth medium were supplied by Invitrogen (Carlsbad, CA, USA). Penicillin–streptomycin (PS), dimethyl sulphoxide (DMSO), endothelial cell growth supplement (ECGS), heparin, amphotericin-B and M199 medium were obtained from Sigma (Saint Louis MO, USA). Growth factor-reduced Matrigel (GFR-Matrigel) was provided by BD Bioscience (Palo Alto, CA, USA). Vascular endothelial growth factor (VEGF) and basic fibroblast growth factor (bFGF) were purchased from Promega (San Luis Obispo, CA, USA) and R&D system (Minneapolis, USA), respectively.

2.2. Chemicals

Ginsenoside Rg_3 is a reference compound (purity >98%) purchased from the Division of Chinese Material Medica and Natural Products, National Institute for the Control of Pharmaceutical and Biological Products (NICPBP), Ministry of Public Health, China. A stock solution of Rg_3 (50 mM) was freshly prepared in DMSO.

2.3. Cell culture

HUVEC were cultured in M199 medium supplemented with ECGS (20 μ g/ml), 20% heat-inactivated FCS, 1% PS, amphotericin-B (50 ng/ml) and heparin (90 μ g/ml) on 0.1% gelatin-coated culture flasks. The cells were grown at 37 °C in humidified air with 5% CO₂ incubator. All experiments were conducted with HUVEC from passage 2 to 7.



Fig. 2 – Anti-proliferative effect of Rg₃. HUVEC (2×10^4 cells/ well) were plated in 96-well plate and grown in medium supplemented with 20% FCS and 20 µg/ml ECGS for 24 h. The cells were incubated with various concentrations of Rg₃ for further 48 h. The viable cells were counted using the Trypan blue exclusion method. Values are presented as mean \pm S.E.M. obtained from triplicate experiments. p < 0.05.

2.4. In vitro proliferation assay

Briefly, HUVEC were plated at a density of 2×10^4 cells/well in 24-well plate. Cells were incubated in growth medium supplemented with 20% FCS and ECGS (20 µg/ml) and allowed to attach for 24 h. Then cells were incubated with various concentrations of Rg₃ (1–10⁴ nM) in medium containing 20% FCS and ECGS (20 µg/ml) for 48 h. The cells were then washed in icecold PBS and trypsinized. Trypan blue exclusion method was used to distinguish viable cells. Results were expressed as number of cells per culture. Each sample was tested in quadruplicates and the experiment was repeated in triplicates.

2.5. In vitro tube formation assay

GFR-Matrigel (500 μ l diluted in PBS, 1:3, v/v) was pipetted into wells of 24-well plate. The gel was allowed to solidify at 37 °C for 1 h. HUVEC were plated at a density of 8 \times 10⁴ cells/well and incubated with medium containing 10% FCS, ECGS (20 μ g/ml) and various concentrations of Rg₃ (1–10⁴ nM) in the presence or absence of VEGF (20 ng/ml) at 37 °C for 16 h. The images of tube formation were captured by an inverted

microscope (Nikon TMS, Japan) using a $10 \times$ objective. Images from a total of five microscopic fields per well were analyzed by Motic Image Plus 2.0 software (Motic Instruments Inc., Richmond, Canada). The antiangiogenic activities were determined by counting the branch points of the formed tubes and the average numbers of branch points were calculated. Experiment was repeated in triplicates.

2.6. Chemoinvasion assay

Chemotactic motility of HUVEC was studied using Transwell chamber with 6.5 mm diameter polycarbonate filter (8 μ m pore size, NUNC). Briefly, the upper and lower surfaces of the filter were coated with GFR-Matrigel (diluted in PBS, 1:30 and 1:100, v/v), respectively. HUVEC (5 \times 10⁴ cells/well) were loaded onto the upper wells with culture medium containing 1% serum only or medium containing various concentrations of Rg₃ (1–10⁴ nM). The Transwell chambers were sequentially inserted into 24-well plates containing medium alone or medium with VEGF (25 ng/ml) and the set up was incubated at 37 °C for 5 h. The cells that had migrated to the lower side of the membrane were fixed with methanol and stained with



Fig. 3 – Inhibition of tube formation by Rg₃. HUVEC (8 × 10⁴ cell/well) were seeded into 24-well plate which had been precoated with GFR-Matrigel in medium containing 10% FCS and ECGS (20 μ g/ml). The cells were treated with various concentrations of Rg₃ (1–10³ nM) in the absence (A, top panel) or presence of VEGF (25 ng/ml) (A, bottom panel) for 16 h. Photomicrographs depict the alignment of HUVEC under defined treatment conditions. (B) Five microscopic fields were counted for each treatment. The data represented mean ± S.E.M. from triplicate experiments. p < 0.05; p < 0.01; p < 0.001 vs. medium control; p < 0.05; p < 0.01; p < 0.001 vs. VEGF control.

DAPI stain (1 μ g/ml) (Boehringer Mannheim); those on the top side of the membrane were wiped off using a cotton swab. The cells were visualized using a fluorescent microscope (Axioskop 2, Zeiss) equipped with a 10× objective. Five microscopic fields were counted for each membrane and the images were analyzed using Metamorph software. Each sample was assayed in duplicate, and the assay was repeated in quadruplicates.

2.7. In vivo Matrigel plug assay

Matrigel plug assay was performed as described previously [21]. Briefly, GFR-Matrigel (500 μ l) containing bFGF (125 ng/ml) and heparin (32 U) with or without Rg₃ (150 and 600 nM) were injected subcutaneously into the left and right abdomen of C57/BL female mice. After injection, the Matrigel rapidly formed a single, solid gel plug. Mice were sacrificed 5 days after injection. Plugs were then removed and the extent of neovascularization was assessed by measuring the hemoglobin content using the Drabkin's Reagent Kit (Sigma). A control was performed in parallel with another set of mice by injecting GFR-Matrigel alone. Six mice were used for each treatment group and the experiment was done at least twice.

2.8. Aortic ring sprouting assay

Rat aortic rings were prepared as described previously [21]. Briefly, the aortic fragments were placed in GFR-Matrigel precoated 96-well plate. Additional GFR-Matrigel (40 µl) was added to overlay the aortic fragments and the gel was allowed to solidify. The cultures were incubated in 200 µl of serum-free endothelial growth medium containing ECGS (200 µg/ml) with or without Rg₃ (1–10⁴ nM). Microvascular outgrowths were distinguished from the fibroblasts based on their unique morphology (greater thickness, uniformly cohesive pattern of growth and dichotomous branching of one sprout in generating two new sprouts). Culture medium was replaced with fresh medium on day 4 and the aortic fragments were visualized on day 8 with an Olympus SZX9 stereomicroscope using a $10 \times$ objective. The images were captured using the Nikon digital sight DS-L1 software. The microvascular sprouting area was calculated by the Image J software (http://rsb.info.nih.gov). The experiment was repeated three times and each culture was performed in duplicate.

2.9. Gelatin zymography

Culture supernatants from Rg₃-treated ex vivo rat aortic ring culture were collected on day 8. Gelatinase activity in the culture supernatant was determined by in-gel gelatin zymography. Samples were mixed with $4 \times$ Zymograph sample buffer (10% SDS, 40% glycerol, 0.25 M Tris–HCl. pH 6–8, 0.02% bromophenol blue) without heat denaturation. Electrophoresis was performed on 8% (for MMP-9) and 10% (for MMP-2) polyacrylamide gels containing gelatin (1 mg/ml) at 20 mA at 4 °C for 2 h. After electrophoresis, the gels were washed twice in renaturing solution (50 mM Tris–HCl, pH 7.4, 2% Triton X-100). Gels were incubated in substrate buffer (50 mM Tris–HCl, pH 7.4, 1% Triton X-100, 5 mM CaCl₂, 0.02% Tween 20) at 37 °C overnight. Gels were stained with 0.5% Coomassive Blue R-350



Fig. 4 – Inhibitory effect of Rg₃ on VEGF-induced chemoinvasion. (A) HUVEC (5×10^4 cells) were grown in the upper chamber. Rg₃ (1–10³ nM) was added to the upper chamber and medium supplemented with VEGF (25 ng/ml) was added to the lower chamber. (B) Cells migrated through the membrane were counted after staining with DAPI. The values were expressed as percentage of migrated cells (vs. VEGF control) ± S.E.M. obtained from eight wells of four independent experiments. p < 0.05; p < 0.01; m < 0.001 vs. VEGF-control.

and destained with 10% acetic acid in 40% methanol. Gelatinolytic activity was visualized by negative staining. Pre-stained SDS-PAGE protein standards (Bio-Rad) were used for estimation of apparent molecular weights of the protein samples. The intensity of the bands on zymogram was quantified using Kodak 1D software.

2.10. Data and statistics analysis

Data are presented as mean \pm S.E.M. of control. Statistical comparisons between groups were performed using the Student's t test.

3. Results

3.1. Rg₃ inhibits the proliferation of HUVEC

We examined the effect of Rg_3 on HUVEC proliferation by direct cell counting. As shown in Fig. 2, Rg_3 dose-dependently inhibited the proliferation of HUVEC. The 50% of growth inhibition (IC₅₀) of Rg_3 on HUVEC was 10 nM. At the concentration of 10^3 nM, the level of inhibition of HUVEC by Rg_3 was found to be comparable to the well-known antiangiogenic agent angiostatin.



Fig. 5 – Inhibition on bFGF-induced neovessel formation by Rg₃. GFR-Matrigel (500 μ l) containing supplements or testing samples were injected into the abdomen of C57/BL mice resulted in the formation of a single solid plug. After 5 days, mice were sacrificed and the plugs were removed. Pictomicrographs show gross morphology (A) neovascularization in Matrigel alone plug (vehicle), (B) bFGF (125 ng/ml) and heparin (32 U) induced the angiogenic response, in which plug showed reddish appearance, (C) Rg₃ (150 nM) (with bFGF and heparin) reduced neovascularization and (D) Rg₃ (600 nM) (with bFGF and heparin) significantly suppressed neovascularization, in which the plugs showed clear appearance. (E) Analysis of hemoglobin contents in the Matrigel plug. Six mice were used for each group and the experiments were repeated at least twice. p < 0.01; p < 0.001 vs. bFGF/heparin-control.

3.2. Rg₃ attenuates in vitro capillary tube formation of HUVEC

The effect of Rg₃ on the capillary tube formation of HUVEC on GFR-Matrigel was examined. In the absence of VEGF (Fig. 3A, top panel), there was a clear inhibition of capillary tube formation by Rg₃. The number of branch point was reduced from 52 ± 3 in the control group to 18 ± 4 in the group treatment with Rg₃ (10 nM) (p < 0.001). The effect of Rg₃ on VEGF induced capillary tube formation was also examined. VEGF alone was found to stimulate the branch point formation from 52 ± 3 (medium control) up to 78 ± 5 branch point per well. Addition of Rg₃ resulted in the reduction of VEGF-induced capillary tube formation from 78 ± 5 (VEGF control) to 40 ± 5 (10^3 nM Rg₃) (p < 0.001) (Fig. 3B, black bars).

3.3. Rg₃ inhibits VEGF-induced chemoinvasion

One of the earliest steps in angiogenesis is the invasion of basement membrane and migration of endothelial cells toward the angiogenic stimulation. The effect of Rg₃ on the migration of HUVEC was then examined using migration chamber as shown in Fig. 4A. HUVEC were exposed to VEGF (angiogenic chemoattractant) through a Matrigel-coated membrane. Results in Fig. 4B showed that VEGF (25 ng/ml) could significantly induce migration of HUVEC from the upper chamber to the lower chamber (p < 0.001). In the presence of Rg₃ (1–10³ nM), the ability of HUVEC to migrate through the membrane was reduced by more than 50% (p < 0.05 for 1–10² nM Rg₃; p < 0.01 for 10³ nM Rg₃).

3.4. Suppression of in vivo angiogenesis by Rg₃

In the Matrigel plug model, GFR-Matrigel containing various compounds were injected s.c. into mice abdomen. After 5 days, the gel was removed for gross morphological examination (Fig. 5A–D), and hemoglobin content determination (Fig. 5E). As shown in Fig. 5E, co-injection of bFGF and heparin significantly induce neovessels formation as judged from the increased hemoglobin content in the gel. However, the content of hemoglobin in Rg₃-containing gel was significantly lower than the positive control gel containing bFGF/heparin.

3.5. Rg₃ reduces ex vivo microvascular sprouting

In the aortic ring sprouting assay, cultured aortic explants were embedded in a cube of GFR-Matrigel and the explants were then cultured in 96-well plate with serum-free medium containing ECGS or various concentrations of Rg₃ (Fig. 6A). ECGS (200 μ g/ml) alone, significantly induced microvascular sprouting when compared with the untreated control group. Moreover, it was found that Rg₃ ranging from 10–10³ nM could effectively inhibit such sprouting in a dose-dependent manner.

3.6. Rg_3 inhibits the production of MMP-2 and MMP-9 from aortic explants

To determine the effect of Rg₃ on the production of proteinases by HUVEC, culture supernatants collected from aortic ring sprouting assay were subjected to gelatin zymography. As shown in Fig. 7A, the presence of proteinases (MMPs) digested



Fig. 6 – Inhibitory effect of Rg₃ on ex vivo endothelial sprout. (A) Rat aortic rings were embedded in GFR-Matrigel (40 μ l) and cultured ex vivo in 96-well plate containing serum-free medium supplemented with or without ECGS (200 μ g/ml) or various concentrations of Rg₃ (1–10³ nM) for 8 days. (B) Photomicrographs depict microvascular sprouting in defined conditions. Rg₃ treatment resulted in a dose-dependent inhibition of ECGS-induced microvascular sprouting. This is a series of representative photomicrographs obtained from one of the triplicate experiments. (C) Analysis of microvascular sprouting area. The data represented mean ± S.E.M. from triplicate experiments; p < 0.01; p < 0.001 vs. ECGS-control.

the gelatin-containing gel and resulted in a series of clear bands. In order to distinguish the various MMPs, 8% and 10% polyarcyamide gels were used for MMP-2 and MMP-9 analysis, respectively. Different MMPs were assigned according to their molecular weights, clear bands at 86, 72, and 66 kDa bands were assigned to MMP9, proMMP-2, and MMP-2 respectively. Quantified results showed that Rg₃ reduced the gelatinolytic activities of secreted MMP-9, proMMP-2 and MMP-2 in a dosedependent manner which corresponded to the inhibition of aortic ring sprouting activity. Interestingly, data indicated that effective inhibition of MMPs activities was found at the Rg_3 concentration higher than 1 nM.

4. Discussion

20(R)-ginsenoside Rg₃ (Rg₃) has been shown to exhibit anticancer activity in many in vivo models. The anti-tumor effect



Fig. 7 – Inhibitory effect of Rg₃ on MMP-2 and MMP-9 expression. Culture supernatants were harvested from rat aortic ring culturing on day 8 and subjected to SDS-PAGE through a 8% resolving gel containing gelatin. After electrophoresis, the gels were incubated overnight at 37 °C and stained with Coomassie blue. (A) Gelatinolytic activity is indicated by clear bands in the gel. The top and bottom zymograms represent the expressions of active-form MMP-9 and MMP-2 (pro and active-forms) in defined conditions, respectively. The bar graphs describe the relative percentage of (B) MMP-9 (active-form), (C) pro-MMP-2 and (D) MMP-2 (active form) activities, respectively; representing mean \pm S.E.M. from three independent experiments. p < 0.05; p < 0.01; m < 0.001 vs. ECGS-control.

has been attributed to the actions of anti-invasion and antimetastasis of tumor cells [3,4,22]. However, the in vivo anticancer activities could also result from the inhibition of neovascularization [23]. The angiosuppressive properties of Rg₃ have not been studied in detail. In the present study, we used different angiogenesis assays that are related to proliferation, morphological differentiation, invasion, and migration of EC during angiogenic process to assess the angiosuppressive activity of Rg₃.

Results from the present study demonstrated that Rg₃ exerted inhibitory effect on proliferation, capillary tube formation and invasion of HUVEC in a dose-dependent manner. Interestingly, the effect of Rg₃ became more obvious while EC were activated by angiogenic factors such as VEGF. This implied that EC might become more sensitive when they are activated. In fact, under normal condition, EC remain quiescent. They are only activated when angiogenesis is called for, such as during tumor progression. Thus, Rg₃ may be useful in this case by acting as a specific and effective angiosuppressive agent. Similar cases were also observed in the ex vivo

organotypic cultures of rat aortic rings and in vivo Matrigel plug model; Rg_3 was found to effectively suppress the ECGSand bFGF-mediated angiogenesis. Furthermore, since tube formation of HUVEC involves EC attachment, migration, and production of ECM degrading enzymes, data indicated that Rg_3 could possibly interfere all these steps and resulted in the attenuation of angiogenesis in vitro and in vivo.

It is generally believed that degradation of underlying basement membrane and invasion of cells into the underlying substratum are the critical step in angiogenesis as well as metastasis. The invasion assay involving the migration of HUVEC through ECM (Matrigel) demonstrated that Rg₃ could reduce the chemoinvasive ability of EC under the induction of VEGF and thus inhibit angiogenesis.

During the progression of solid tumor, malignant tumor cells and activated EC secret angiogenic factors to initiate the formation of neovessels [8–10]. In this study, angiogenic factors (bFGF, VEGF or ECGS)-mediated angiogenesis models mimicked the microenvironment of endothelium in tumor that the "activated EC" acted as the primary target for the Rg₃.

These noteworthy results indicated that Rg_3 could be an effective agent for the suppression of neovessels formation.

Activated ECs produce many types of enzymes such as matrix metalloproteinases (MMPs) that break down the stroma and ECM proteins, and allow the EC to invade the matrix, to migrate, and to grow in response to growth factors [24,25]. It has been reported that MMPs play a major regulatory role in the ECM re-organization and the initiation of neovascularization [26,27]. In this study, Rg₃ was found to reduce the gelatinases activities of the organotypic cultures. Meanwhile, this indication elucidated that the inhibition of EC invasiveness and tube formation of Rg₃ could possibly due to the reduction of MMPs activities. Taken together, the angiosuppressive effect of Rg₃ would also be related to the differentially regulation of proteinases activities.

Tumor angiogenesis is a complex and obligatory process for the growth and progression of solid tumors beyond the size limit (~2 mm diameter) imposed by simple diffusion for the nutrient supply [14] and that limiting nutrient supply by the blockage of neovessels formation in tumor might be used in cancer therapy [28-30]. To date, this hypothesis has been feasibly culminated in the clinical trials of anti-angiogenic drugs and the first antiangiogenic drug has been marketed in 2005. Moreover, more than 20 anti-angiogenic drugs including TNP-470, thalidomide, and endostatin are subjected to different phases of clinical trials. In addition, phytochemicals such as curcumin, genistein, and ginseng saponins were found to exert inhibitory effect on the neovascularization. These phytochemicals are effective at a relatively lower dose with relatively mild or undetectable side effect [31,32]. Phytochemicals such as ginsenoside-Rg₃ may further be developed as angiosuppressive drugs in controlling tumor growth and metastasis. In addition, combination of Rg₃ with other anti-cancer drugs may be beneficial to treatment of other drug-resistant cancers.

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